

## Pre Shoot Checklist

### **Phone immediately if you are unable to attend a shoot.**

If you have a genuine reason there is no problem as long as I know.  
Text should only be used as a last resort.

### **Bring:**

**Photo ID** (Passport or Photo Driving License). NO ID – NO SHOOT

**Clothing.** Please make sure any clothing you bring, especially underwear, is clean and preferably nearly new. Tatty or faded items that have been through the wash a million times do not look good. Useful items include matching sets of underwear, stockings and suspenders, short tight or long flowing dresses and skirts. If you have any wacky or unusual clothes feel free to bring them.

**Dressing gown/robe/slip on dress** to wear whilst drinking coffee between shots. A coat is useful on location to slip on when the troop of Scouts come round the corner (yes it has happened).

**Shoes.** High heels look good and make you stand up straight. If working on location bring trainers or similar to walk in.

**Make Up.** Unless otherwise discussed arrive with makeup done. Usually your usual evening make up is OK. Bring a touch up kit. Mirror if on location.

### **The Personal stuff.**

**Wear loose clothing** and preferably no bra when travelling to a shoot as clothing marks especially from bras and tight jeans can take ages to disappear.

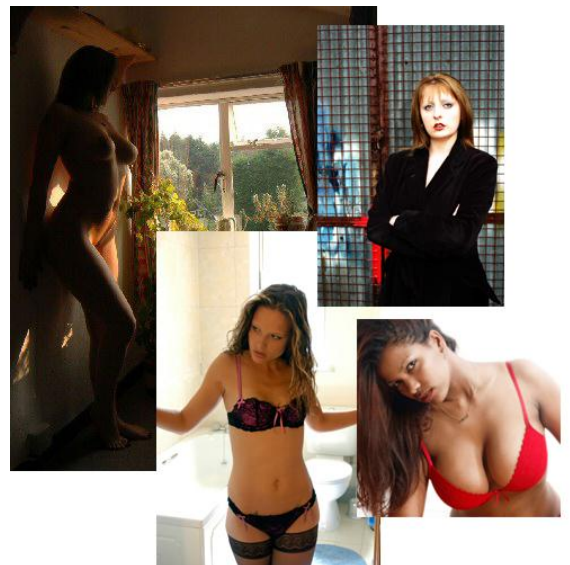
**Spots.** Don't panic. Most spots are easily retouched. Large bruises can be a problem.

**Tattoos.** Tell me if you have them – usually ok.

**Body Hair.** Shouldn't exist apart from eyebrows and pubic hair (your choice as to whether you have it or not) both of which should be neatly trimmed. Please note this applies even if you are only modeling lingerie as escapees can ruin a photo.

**Hair.** Virtually everything is ok apart from untreated roots providing it's clean. Please let me know if you have dyed it a wacky colour(s).

Make sure you have cleaned all those hard to get at personal places, especially if they are going to be seen on camera. If you feel or look bloated during your period then avoid accepting a shoot then.



## During the Shoot.

Don't be afraid to speak up if you have ideas. A good shoot is a partnership between model and photographer. Even if we cannot use your ideas there and then they may be good for another shoot.

Learn to act. Good modeling is about expression as well as posing.

Tell me if you are not happy with something (within reason).

We will take numerous breaks but let me know if you need and extra break. Tell me if you have any special needs. I have worked with models who have diabetes, juvenile arthritis and other problems or disabilities which do not present a problem providing I know about them.

ENJOY YOURSELF. Modeling is hard work but should be fun as well.

For more information and pictures visit:

[viewfinders.uk.com](http://viewfinders.uk.com) or [viewfinders.zenfolio.com](http://viewfinders.zenfolio.com)

### Posing Guides

